



BIRMINGHAM CARERS PARTNERSHIP STRATEGY 2024 - 2029

Helping Carers Live Their Lives



RESET



RESHAPE



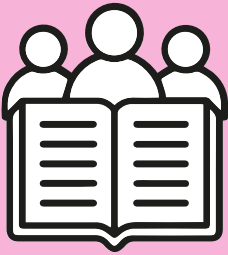
RESTART

Easy Read

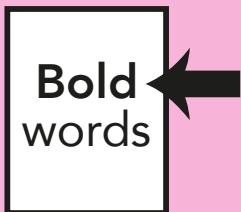


**EASY
READ**

This is an Easy Read version of some information. It may not include all of the information but it will tell you about the important parts.



This Easy Read booklet uses easier words and pictures. Some people may still want help to read it.

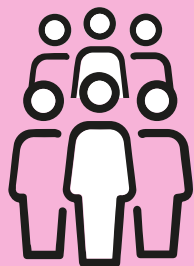


Some words are in **bold** - this means the writing is thicker and darker. These are important words in the document.

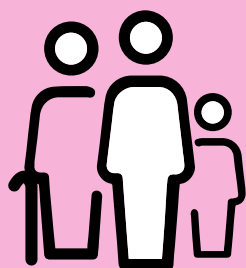


Links words show links to websites and email addresses. You can click on these links on a computer.

What is this **Strategy** About?



This strategy is a plan to help people who care for others in Birmingham. It was made with the help of carers and many organizations.



Who is a Carer?

A carer is anyone, including children and adults, who looks after a family member, partner, or friend who needs help because they are ill, frail, disabled, have a mental health problem, or an addiction.



Why is this Strategy important?

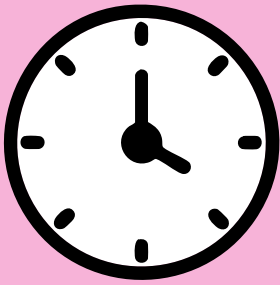
Carers do a lot of important work. They help their loved ones and support the health and social care system. There are over 91,000 unpaid carers in Birmingham. This number is expected to grow.



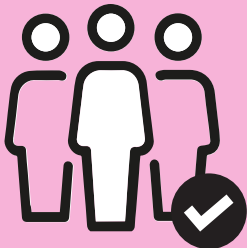
Our Vision

We want Birmingham to be a Carer Friendly City. This means carers are recognized, supported, and valued.

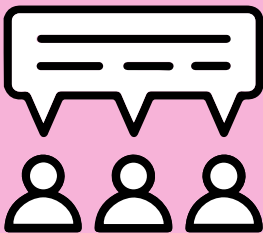
Our Commitments to Carers



- 1. Time for Me:**
Carers should have time for themselves.



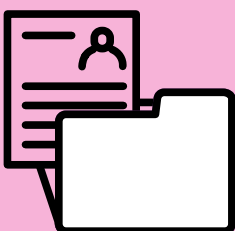
- 2. Recognition and Respect:**
Carers should be recognized and respected.



- 3. Voice:**
Carers should have their voices heard.



- 4. Involvement:**
Carers should be involved in care decisions.



- 5. Support in Education:**
Young carers should be supported in school.



6. Support at Work:

Carers should be supported at work.



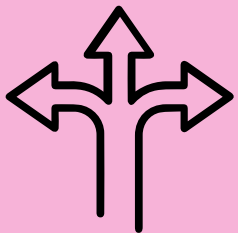
7. Safety and Health:

Carers should be safe and healthy.



8. Financial Planning:

Carers should be able to plan financially.



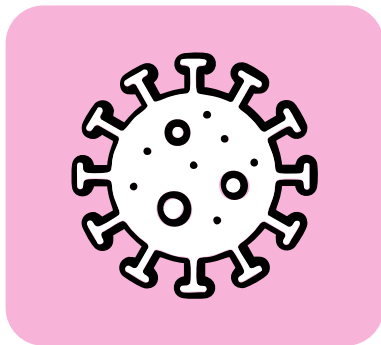
9. Access to Support:

Carers should choose how they access support.

What We Have **Achieved**



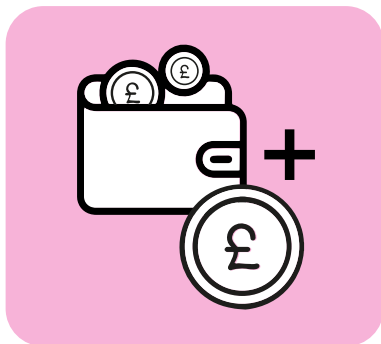
Created a group to support carers of all ages.



Improved services during the pandemic.

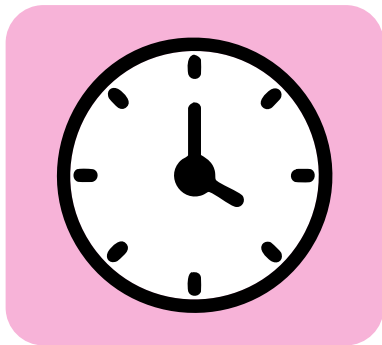


Launched new services for carers.



Provided financial support to carers.

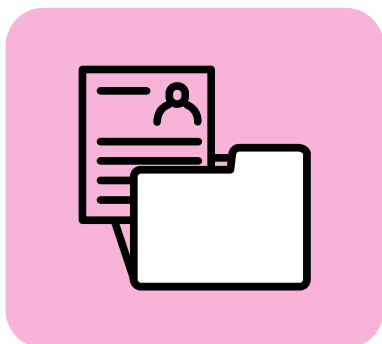
What Carers Told Us



Time for themselves.

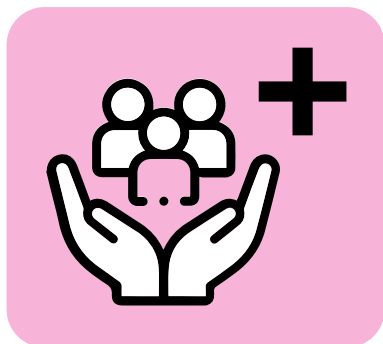


To be involved in care decisions.



Support during childhood and education

Our Challenges



The number of Carers are increasing.



Carers face financial, health, and social challenges



Many carers are not recognized or supported enough.

Our Plan



Provide better support and services.



Make sure carers are involved in decisions.



Help carers balance their caring role with their own lives.

Equality



We will make sure all carers are treated fairly and equally.