

# MUSLIM COMMUNITY HEALTH PROFILE - INFOGRAPHICS

## INTERNATIONAL, NATIONAL, AND BIRMINGHAM CONTEXT

**2ND LARGEST RELIGION**  
in the world, the UK and Birmingham,  
with a population of 1.8 billion people,

**25%** OF THE  
WORLD'S  
POPULATION

Globally, **62%** of Muslims live in the Asia-Pacific region, **20%** in the Middle East and East-North Africa, **16%** in Sub-Saharan Africa and around **3%** in Europe.

**3.3 MILLION**  
MUSLIM PEOPLE IN  
ENGLAND AND WALES

**5.1%**  
OF POPULATION

**234,411**  
MUSLIM PEOPLE  
LIVING IN BIRMINGHAM

**27%**  
OF LOCAL POPULATION

**0-16yrs**

**37% OF MUSLIM  
POP IN BIRMINGHAM**  
cf. 22% of city pop

**>65yrs**

**4% OF MUSLIM  
POP IN BIRMINGHAM**  
cf. 13% of city pop

In Birmingham

**95%**  
FROM MINORITY  
ETHNIC BACKGROUND

**58%**  
FROM PAKISTANI  
BACKGROUND

**13%**  
FROM BANGLADESHI  
BACKGROUND

## ORIGINS OF ISLAM

### 7TH CENTURY AD

Originating in the Arabian Peninsula, near Mecca and in what is known today as Saudi Arabia Islam translates as 'SUBMISSION TO THE WILL OF GOD'

Founded by

**PROPHET  
MUHAMMED,**  
peace be upon him

WHO WAS BORN AROUND 570AD  
AND LIVED IN MECCA

### 5 PILLARS OF ISLAM

key practices in Muslims' everyday lives

DECLARATION OF FAITH,  
PRAYER, CHARITY,  
FASTING, PILGRIMAGE

### SACRED TEXTS

**QUR'AN  
HADITH  
SUNNAH**

## POPULATION IN BIRMINGHAM LIVING IN TOP 20% MOST DEPRIVED AREAS IN ENGLAND

By Religion

- 1 MUSLIM (84%)
- 2 CHRISTIANS (49.9%)
- 3 SIKHS (45.7%)
- 4 HINDUS (45%)
- 5 JEWISH (29.2%)

## GREEN AND SUSTAINABLE FUTURE

### THERE ARE 8 GREEN COMMUNITY GROUPS

2 BASED IN  
BIRMINGHAM,  
PROMOTING  
GREEN ISSUES  
IN THE MUSLIM  
COMMUNITY



The provisional analysis for the period 2 March to 15 May 2020 by the Office of National Statistics has shown variation in the rate of death involving the coronavirus between self-identified religious groups, as reported in the 2011 Census, including "No religion". The below table shows the age-standardised mortality rates of deaths involving COVID-19 by religion per 100,000 population for those aged 9 years and over.

RELIGIOUS GROUP	MALES	FEMALES
Muslim	198.9	98.2
Jewish	187.9	94.3
Hindu	154.8	93.3
Sikh	128.6	69.4
Buddhist	113.5	57.4
Christian	92.6	54.6
Other religion/ Not stated	84.2	49.2
No religion	80.7	47.9

## GETTING THE BEST START IN LIFE

**8%** OF SCHOOL-AGE CHILDREN IN ENGLAND IN 2011 WERE MUSLIM.

**46%** 

OF MUSLIM CHILDREN IN 2011 LIVED IN

**10%**

MOST DEPRIVED LOCAL AUTHORITY DISTRICTS



**4500** MUSLIM CHILDREN IN ENGLAND LOOKED AFTER BY THE STATE IN 2019.



Less than half fostered by Muslim families due to shortage of registered foster parents in the Muslim community

**56%** 

OF PAKISTANI & BANGLADESHI 3-YEAR OLDS READY FOR SCHOOL

cf. UK 87% UK average

## HEALTH STATUS

MUSLIMS HAVE POORER ACCESS TO MENTAL HEALTH SERVICES



and poorer treatment outcomes cf. non-Muslims

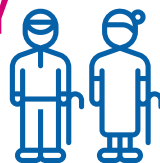
South Asian Muslim women have a significantly **HIGHER HIP-WAIST RATIO**

cf. British Christian women

LIFE EXPECTANCY

**81.1YRS**

BANGLADESHI MALES



lower than average life expectancy compared with females (85.4 yrs) and males (81.8 yrs) across all ethnic groups

**84.8YRS**

PAKISTANI FEMALES

MATERNAL MORTALITY RATE

MIDDLE EASTERN WOMEN x 2.9

PAKISTANI FEMALES x 2.1

more likely to die as a result of pregnancy or childbirth than white British women

INFANT MORTALITY RATE

**6.7 PER 1,000**

FOR PAKISTANIS IN BIRMINGHAM

## AGEING AND DYING WELL

**4%** of the Muslim community in 2011 were **OVER 65** compared with 16% in the UK population.

MUSLIM WOMEN AGED 50-70 IN THE WEST MIDLANDS HAD A

**LOWER UPTAKE OF BREAST CANCER SCREENING (51%)**

THAN NON-SOUTH ASIANS (75%)

**40%** 

GREATER RISK OF CORONARY HEART DISEASE for South Asian Muslims compared with general UK population.

**42%** 

MUSLIM WOMEN AGED 65 AND OVER REPORT BEING IN 'BAD OR VERY BAD HEALTH'

cf. 23% of women in the general population, cf. 31% of Muslim men

Elderly Muslim patients

**STRUGGLE TO ACCESS AND UNDERSTAND**

**MEDICAL ADVICE**

due to language and cultural barriers.



**LESS ORGAN DONATIONS**

FOR MUSLIMS THAN OTHER GROUPS IN THE COMMUNITY AND MORE NEGATIVE ATTITUDES TO TRANSPLANTATION BECAUSE OF THE VIOLATION OF THE BODY THAT IT ENTAILS.

**7-12%**

RATE OF DOCTOR-DIAGNOSED DIABETES FOR SOUTH ASIAN MUSLIMS

compared to 4% rate for British Christians.

MUSLIM FAMILIES MAY BE

**RELUCTANT TO AGREE TO POST-MORTEM EXAMINATIONS** BECAUSE OF THE BODY VIOLATIONS THAT ARE ENTAILED.

## PROTECT AND DETECT

Muslim men and women have **SIGNIFICANTLY LOWER UPTAKE OF BOWEL, BREAST AND CERVICAL CANCER SCREENING** compared to non-Muslims



**40%** MUSLIM ADULTS HAD ALL THREE COVID VACCINATIONS

cf. 62-67% of adults in all other religious sub-groups

## COVID-19 RELATED MORTALITY

**x2.7** MUSLIM MALES **x2.4** MUSLIM FEMALES

Cf. Christian males and females

MUSLIMS HAVE **LOWER RATES OF STI AND HIV** than the White British population

**3%** OF MUSLIM WOMEN REPORTED PARTNER ABUSE

cf. 2% of Hindu and 6% of Christian women.

## BEHAVIOUR AND LIFESTYLE CHOICES

**43%** OF MUSLIMS WERE INACTIVE

cf. 28% of people in England (2020/21)

**24%** OF MUSLIMS IN BIRMINGHAM WERE INACTIVE

(2020/21)

The Islamic **BAN ON ALCOHOL** is largely adhered to by the Muslim population in England



**35%** OF MUSLIM ADULTS IN ENGLAND HAVE BEEN SMOKERS AT SOME TIME

cf. 60% of Christians

The use of **CANNABIS** as a recreational drug by Muslim youth has become 'normalised'

**13%** OF THE MUSLIM POPULATION IN ENGLAND WAS IN PRISON IN 2011

## WIDER DETERMINANTS

**1.22 million**

MUSLIMS IN THE UK (46%) LIVE IN THE 10% MOST DEPRIVED LOCAL AUTHORITY DISTRICTS



**41%** OF MUSLIM HOUSEHOLDS ARE FAMILIES WITH CHILDREN



**19%** OF MUSLIM "OTHER HOUSEHOLDS" INCLUDE MULTIGENERATIONAL HOUSEHOLDS



**27%** OF MUSLIM HOUSEHOLDS WERE IN SOCIAL HOUSING IN 2011



## WORKING AND LEARNING WELL

In 2018

**35%** OF MUSLIMS ATTAINED DEGREE LEVEL QUALIFICATIONS



cf. 30% of the Christian population of working-age

**18%** OF WORKING-AGE MUSLIMS WERE FULL TIME STUDENTS



compared with 8% of the general population

**39%** OF MUSLIMS WERE ECONOMICALLY INACTIVE IN 2018

compared with 20-23% of other religions

**18%** OF MUSLIM WOMEN IN 2011 WERE 'LOOKING AFTER HOME AND FAMILY'



compared with 6% of women in the UK population

## CLOSING THE GAPS

### GAPS IN THE DATA

There are few classifications of data by religion. Use of major Muslim sub-populations (Pakistani and Bangladeshi) as proxies.

---

### SMALLER ETHNIC POPULATIONS

No separate data on smaller Muslim populations

---

### ETHNIC DIFFERENCES

There are many differences in health issues between the Pakistani and Bangladeshi communities

---

### LIVING IN POVERTY

The 46% of Muslims who live in deprived communities have the majority of the health and lifestyle inequalities

---

### GENDER INEQUALITIES

Female Muslims have different roles than males that lead to different health issues, e.g. from less physical activity

---

### AGE INEQUALITIES

Female Muslims have different roles than males that lead to different health issues, e.g. from less physical activity