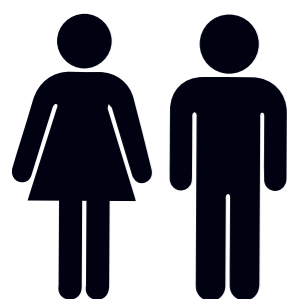


LATIN AMERICAN COMMUNITY HEALTH PROFILE



SUMMARY OF KEY INEQUALITIES

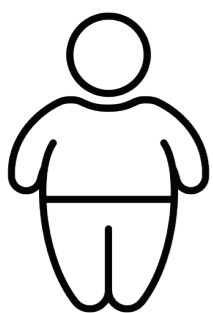
This infographic highlights some of the key findings from the Latin American Community Health Profile as a starting point to understanding the health and wellbeing needs of the Latin American community. To learn more, [read the full report](#).



THIS PROFILE PRESENTS DATA FOR POPULATIONS THAT ARE RESIDENT IN BIRMINGHAM...

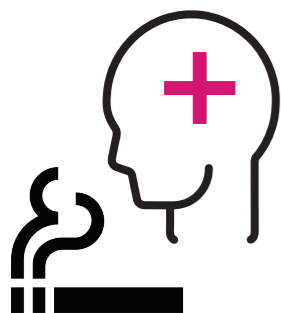
and/or England that have origins in Mexico, Costa Rica, El Salvador, Guatemala, Honduras, Nicaragua, Panama, Argentina, Bolivia, Brazil, Chile, Colombia, Ecuador, Paraguay, Peru, Uruguay, Venezuela, Cuba, the Dominican Republic, Haiti and Puerto Rico.

GETTING THE BEST START IN LIFE



IN THE US, MEXICAN AND OTHER HISPANIC CHILDREN WERE APPROXIMATELY 50% MORE LIKELY TO BE OBESE COMPARED WITH WHITE CHILDREN.

MENTAL WELLNESS & BALANCE



10 OUT OF 14 LATIN AMERICAN COUNTRIES INCLUDED IN OECD DATA HAD HIGHER SMOKING RATES THAN THE UK AVERAGE (13%)

HEALTHY & AFFORDABLE FOOD

LATIN AMERICAN COUNTRIES HAD POOR NUTRITIONAL INTAKE OF MANY FOOD ITEMS, INCLUDING



FRUITS 50%*



NUTS 24%*



VEGETABLES 40%*

WHOLE GRAINS 40%*



LEGUMES 48%*



40%*

* refers to percentage adults reaching target intake

ACTIVE AT EVERY AGE AND ABILITY



PREVALENCE OF PHYSICAL INACTIVITY RANGED FROM 16% IN GUATEMALA TO 68% IN ARGENTINA

BY COMPARISON, 22% OF PEOPLE IN THE UK WERE PHYSICALLY INACTIVE IN 2021 TO 2022.

LIVING, WORKING & LEARNING WELL



20% OF SOUTH AMERICAN BORN RESIDENTS LIVED IN OVERCROWDED ACCOMMODATION; 6.5% ENGLAND AND WALES AVERAGE.

PROTECT & DETECT



A LONDON BASED REPORT IN 2014 FOUND THAT

4 IN 10 **LATIN AMERICAN WOMEN** WERE NOT REGISTERED WITH A DENTIST.

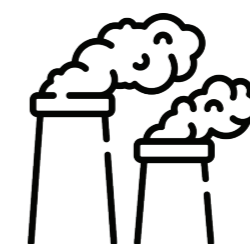


AGEING & DYING WELL



THE LATIN AMERICAN COMMUNITY WAS FOUND TO BE 1.5 TIMES MORE LIKELY THAN WHITE PEOPLE TO HAVE DEMENTIA IN THE US.

CONTRIBUTING TO A GREEN & SUSTAINABLE FUTURE



25% OF THE CENTRAL AMERICAN-BORN AND 17% OF THE SOUTH AMERICAN BORN

COMMUNITIES LIVED IN THE TOP 10 MOST POLLUTED NEIGHBOURHOODS IN BIRMINGHAM.

We Want to Hear From You! Please share your feedback on this report and any relevant personal experiences by emailing CommunitiesTeam@birmingham.gov.uk

Disclaimer: This report relied largely on international findings which may not accurately reflect Latin American's experiences or health and wellbeing needs in the UK.

A BOLDER HEALTHIER BIRMINGHAM