**Smoking Cessation Questionnaire - Guidance**

# **Birmingham Public Health Measurement Toolbox**

1. What is your current smoking status? (Select all that apply)

*Guidance: The NHS classes a current smoker as anyone who has smoked in the last 14 days*

Current smoker – cigarette/pipe

Current smoker – vape/e-cigs only

Current smoker – shisha

Ex-smoker

Never smoked

1. If you are a current smoker, how many cigarettes/pipes/vapes do you smoke on average each day?

*Guidance: To help measure the dependency of an individual, the Fagerstrom Test for Nicotine Dependence (FTND) can be used.* [Link](https://www.ncsct.co.uk/publications/dependence-on-smoking)

1. Do you regularly use any of the following? (Select all that apply)

Khat

Paan

Betel Nut

1. Do you want to stop smoking?

Yes

No

Not applicable