

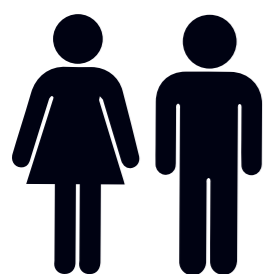
ARAB COMMUNITY HEALTH PROFILE



SUMMARY OF KEY INEQUALITIES

This infographic highlights some of the key findings from the Arab Community Health Profile as a starting point to understanding the health and wellbeing needs of the Arab community. To learn more, read the full report.

DEFINING THE POPULATION:



THIS PROFILE LOOKS PRIMARILY AT THOSE WHO IDENTIFY THEIR ETHNICITY AS "ARAB".

Where this is not available, data has been extracted from Arab countries.

GETTING THE BEST START IN LIFE

WOMEN FROM MIDDLE EAST AND NORTH AFRICAN (MENA) COUNTRIES WERE IDENTIFIED AS BEING AT INCREASED RISK OF GESTATIONAL DIABETES

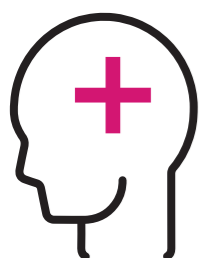


(13% PREVALENCE)

COMPARED WITH THE ENGLAND AVERAGE

(5%)*

MENTAL WELLNESS & BALANCE



2010-2013 28% ADMISSIONS AMONG ETHNIC MINORITY GROUPS TO PSYCHIATRIC WARDS IN NORTH-WEST LONDON FOR ATTEMPTED SUICIDE OR SELF-HARM.

A BOLDER HEALTHIER BIRMINGHAM

HEALTHY & AFFORDABLE FOOD

VITAMIN D DEFICIENCY LEVELS WERE HIGH AMONGST ARAB WOMEN IN WESTERN COUNTRIES WHO WORE VEILS AND DID NOT TAKE VITAMIN SUPPLEMENTS.



ACTIVE AT EVERY AGE AND ABILITY

PHYSICALLY ACTIVE POPULATIONS (150+ MINS PER WEEK):
52% ARAB
62% ENGLAND AVERAGE



LIVING, WORKING & LEARNING WELL



51%
OF THE ARAB ETHNIC GROUP POPULATION IN BIRMINGHAM LIVE IN THE



10%
MOST DEPRIVED MIDDLE SUPER OUTPUT AREAS (MSOAS) NATIONALLY.

PROTECT & DETECT



BY DECEMBER 2021 ONLY 28% OF THE ARAB POPULATION IN BIRMINGHAM IN 65 TO 80

AND OVER AGE RANGE HAD RECEIVED THE BOOSTER DOSE OF THE COVID-19 VACCINE.

AGEING & DYING WELL



ARAB MEN AND WOMEN IN ENGLAND AGED OVER 55 YEARS OF AGE WERE IDENTIFIED AS ONE OF THE ETHNIC MINORITIES EXPERIENCING THE GREATEST HEALTH INEQUALITIES.

CONTRIBUTING TO A GREEN & SUSTAINABLE FUTURE



BALSALL HEATH WEST WARD CONTAINS A HIGH PROPORTION OF RESIDENTS OF

ARAB ETHNICITY (15%)



THIS WARD WAS CLASSIFIED AS THE WARD WITH THE LEAST ENVIRONMENTAL JUSTICE

(0.43) FOR ITS CITIZENS

We Want to Hear From You! Please share your feedback on this report and any relevant personal experiences by emailing CommunitiesTeam@birmingham.gov.uk

*Disclaimer: This data is from international findings which may not accurately reflect Arabs experiences of health and wellbeing needs in the UK.