

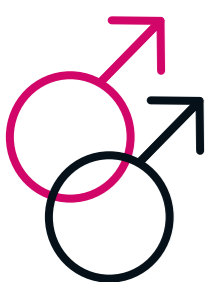
# GAY MEN & MSM COMMUNITY HEALTH PROFILE



## SUMMARY OF KEY INEQUALITIES

This infographic highlights some of the key findings from the Gay Men and other men who have sex with men (MSM) Community Health Profile as a starting point to understanding the health and wellbeing needs of the Gay and MSM community. To learn more, [read the full report](#).

## DEFINING THE POPULATION



**GAY** REFERS TYPICALLY TO MEN WHO ARE PRIMARILY ATTRACTED, ROMANTICALLY &/OR SEXUALLY, TO OTHER MEN. THE ACRONYM **MSM** PRIMARILY DENOTES SEXUAL BEHAVIOUR, REFERRING TO MEN WHO DO NOT IDENTIFY AS GAY OR BISEXUAL BUT WHO HAVE SEX WITH OTHER MEN. THE HEALTH NEEDS OF GAY MEN & MSM OFTEN OVERLAP.

## GETTING THE BEST START IN LIFE



**HALF OF LGBT BOYS 51% IN THE UK HAD REPORTED DELIBERATELY HARMING THEMSELVES**

## MENTAL HEALTH



**21% GAY MEN & MSM REPORTED BEING DEPRESSED WITHIN THE LAST 12 MONTHS**

## DRUG USE



**1/3 GAY & BISEXUAL MEN HAD USED DRUGS IN THE LAST YEAR** THE GREATEST DIFFERENCE WAS IN THE USE OF AMYL NITRATE (POPPERS) 15% COMPARED WITH HETEROSEXUAL MEN 0.8%



**33%** Gay Men



**11%** Heterosexual Men

## ACTIVE AT EVERY AGE & ABILITY



**70% GAY MEN IN A STUDY REPORTED HOMOPHOBIA IS MORE COMMON IN TEAM SPORTING ENVIRONMENTS THAN IN GENERAL SOCIETY**

## ALCOHOL USE



**30% MORE GAY MEN ENGAGED IN HAZARDOUS DRINKING COMPARED WITH HETEROSEXUAL MEN 18%**

## DIETARY BEHAVIOURS



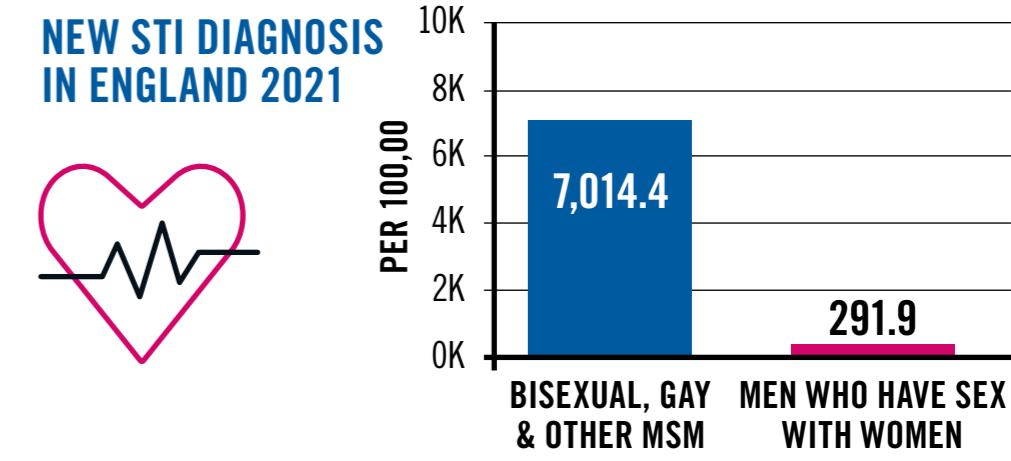
**GAY & BISEXUAL BOYS AGED 16 WERE 12.5 TIMES MORE LIKELY TO ENGAGE IN BINGE EATING** compared with heterosexuals

## PROTECT & DETECT



**ACCESSING SPECIALIST SEXUAL HEALTH SERVICES (SHSS) 65% OF MEN WHO HAVE SEX WITH OTHER MEN (MSM) HAD PrEP NEED IN 2021** compared with 1% of heterosexual men

## GAY MEN AT HIGH RISK FROM SEXUALLY TRANSMITTED INFECTIONS (STIs)



## AGING & DYING WELL



**GAY MEN & LESBIANS 2.6 TIMES MORE LIKELY TO EXPERIENCE CHRONIC LONELINESS** compared with heterosexuals

## LIVING, WORKING & LEARNING WELL



**17% GAY MEN EXPERIENCED HOMOPHOBIC INCIDENTS IN THE WORKPLACE**

**WE WANT TO HEAR FROM YOU**  
Please share your feedback on this report and personal experiences by emailing [CommunitiesTeam@birmingham.gov.uk](mailto:CommunitiesTeam@birmingham.gov.uk)