**HIV and Hepatitis B & C Reduction Questionnaire**

# **Birmingham Public Health Measurement Toolbox**

| **Risk Assessment Tool** | **Response** |
| --- | --- |
| Were you born outside of Northern/Western Europe, USA or Australasia? |  |
| How many people have you had sex with in the past 12 months? |  |
| Have you ever paid, or been paid, for sex? |  |
| Have you ever injected drugs, or had sex with someone who injects drugs? |  |
| Are you a man who has sex with other men, or have you had sex with a man who has sex with other men? |  |

|  |  |
| --- | --- |
| **Personal beliefs** |  |
| Are you worried about HIV, Hepatitis B or C? |  |
| Do you know how you can acquire HIV or hepatitis B or C? |  |
| Do you know how to prevent yourself from contracting HIV or Hepatitis B or C? |  |
| Do you think you are personally at risk of acquiring HIV or Hepatitis B or C? |  |
| Would you like to know more about your risk and how to reduce this? |  |

| **Knowledge Test** |  |
| --- | --- |
| There is a difference between HIV and AIDS |  |
| Only people who have sex with many people can contract HIV |  |
| There are vaccinations and medications to prevent against HIV/Hepatitis |  |
| Use of alcohol/drugs can affect consistency of condom use |  |
| Condom use can protect against HIV and Hepatitis |  |
| Knowing HIV/Hepatitis status can lead to a better quality of life |  |
| Having sex with someone whose status you do not know will not put you at risk of HIV |  |
| People living with HIV need to use condoms to protect their loved ones |  |
| People living with HIV can take treatment to prevent them from infecting others |  |

| **Assessment Results** |  |
| --- | --- |
| Is this person at risk? |  |
| Does this person want to change? |  |
| Does this person feel ready to make a change? |  |

| **Risk Reduction Plan** |  |
| --- | --- |
| Current Behaviour |  |
| Goal Behaviour |  |
| Steps to reach goal |  |
| Challenges to behaviour change |  |
| Support for behaviour change |  |
| Referral made? |  |
| Follow up/timeline for plan |  |

| **Behaviour Change Review** |  |
| --- | --- |
| Success/improvement?  Review Behaviour, Goal and Steps |  |
| Review Behaviour, Goal and Steps |  |
| Any further progress required |  |
| Challenges faced |  |
| Extra support needed/offered |  |
| New timeframe |  |