**Wash Hands:**

Hands must be decontaminated with soap and water or alcohol based hand rub (ABHR) prior to wearing PPE and after removal following the correct clinical technique

 ABHR

Can be used to decontaminate hands

if visibly clean

If visibly soiled soap and water is required

**Apply PPE:**

* Apron
* Fluid repellent surgical mask(FRSM)
* Eye/face protection if risk of splashes
* Gloves

 NOTE - Masks can be sessional use

Gloves and aprons **must** be changed between different care activities

**\* Sessional use**

**Masks and eye /face protection may be worn for the period staff members are in the care setting and between residents but must be changed if damaged, soiled, or uncomfortable.**

**Removal of PPE:**

* **Remove gloves → perform hand hygiene**
* **Remove Apron→ perform hand hygiene**
* **Remove Eye /face protection→ perform hand hygiene**
* **Remove FRSM→ perform hand hygiene**

**Waste:**

Disposed of as clinical waste as per local waste policy

**Wash Hands:**

* Hand decontamination is crucial to prevent the spread of all infections
* Ensure residents are offered regular hand hygiene especially after using the toilet and before eating

**Deliver Care:**

Use safe work practices to protect yourself and limit the spread of infection-

* Keep hands away from face and PPE being worn
* Change gloves when torn or heavily contaminated
* Limit surfaces touched in the patient environment
* Perform hand hygiene as per “WHO 5 moments”

Always decontaminate hands after removing gloves

**Cleaning:**

Environmental and equipment cleaning should be undertaken using either;

1. a combined detergent/ disinfectant solution at a dilution of 1.000 ppm available chlorine

 OR

2. a general purpose neutral detergent in a solution warm water followed by a disinfectant solution of 1,000 ppm available chlorine

Pay particular attention to frequently touched surfaces e.g. door handle

**Eye /face protection may be reusable check local policy and follow manufacturers decontamination instructions**

**Laundry:**

* Do not shake dirty laundry
* Treat as infectious linen as per care home policy
* Place directly into water soluble bags and place the water soluble bags into a second outer polythene bag and secure
* Place the polythene bag into the appropriately coloured (as per local policy) linen bag (hamper)

**PPE For Aerosol Generating Procedures (AGP)**

* Long sleeved fluid repellant gown /coverall
* FFP3 respirator
* Full face visor
* Gloves