

Get help in Birmingham



On the ChildLine website, children can play games, find out information and get phone and online help. Childline also work in Birmingham schools & youth groups

www.childline.org.uk



West Midlands Police

In an emergency dial 999

**An emergency is when
a life is in danger or
a crime is in progress.**

In a non-emergency dial 101

- To report crime or anti-social behaviour
- To contact your local police station
- To get police assistance in a non-emergency
- For general queries

www.west-midlands.police.uk

Schools and youth groups

All adults working with children have a responsibility to keep children safe.

Schools and youth groups should have staff trained in safeguarding and e-safety, and are able to offer help and advice to parents concerned about their child's online safety.

They may seek support from specialist safeguarding, anti-bullying and e-safety experts in the local authority.



If you have any concerns about the safety and/or welfare of a child or young person in Birmingham contact:

**Multi-agency Safeguarding Hub
(MASH) 0121 303 1888**

MASH@birmingham.gov.uk

Outside of normal office hours call:

**Emergency Duty Team
0121 675 4806**

www.birmingham.gov.uk/concerned

Internet SAFETY



a guide for
parents and carers
in Birmingham

The production of this leaflet has been supported by:

Birmingham Safeguarding Children Board
www.lscbbirmingham.org.uk

**Birmingham's Bullying Reduction
Action Group & Link2ICT**
www.birmingham.gov.uk/stopbullying



by Nechells Parents Forum
@Nechells POD
www.nechellspod.com

Online Safety Discussion Parents Forum



Hi everyone - my grandson's just got A for his internet project. Very proud :-) But I'm worried. He spends hours online and is so tired. What should I do?

The internet's fab, but I don't really know who my daughters online "friends" are. In real life I can keep an eye on her, but how can I protect her online?

I don't want to stop my children making the most of the internet, but don't want them to see offensive content, or meet the wrong kind of people either :(

I think my son forgets about 'stranger danger' and being polite, when he's online. I've taught him how to behave in the 'real' worldbut what about 'virtually'?

Advice, info and resources for parents on the websites below:

www.thinkuknow.co.uk/parents

Information and resources for parents and carers from the Child Exploitation & Online Protection Centre.

www.nspcc.org.uk

Help and advice for parents on online safetyplus a parents telephone help-line.

www.saferinternet.org.uk/parents

Tips, advice and resources for parents to help children and young people stay safe on the internet.



Tips

Start early. Show an interest in your children's online life, from a very young age. Chat about their internet use in everyday conversations and help them learn how to stay safe.



See this as an extension of parenting & set boundaries for your child's online world in just the same way as you do in the real world.



Remind children to be careful about information they share with online "friends" they don't know in real life - not everyone is who they say they are.



Find out about and use parental controls. Personalise the settings to your own family's needs eg. time limits, age restrictions & passwords. Get advice from your service provider.

