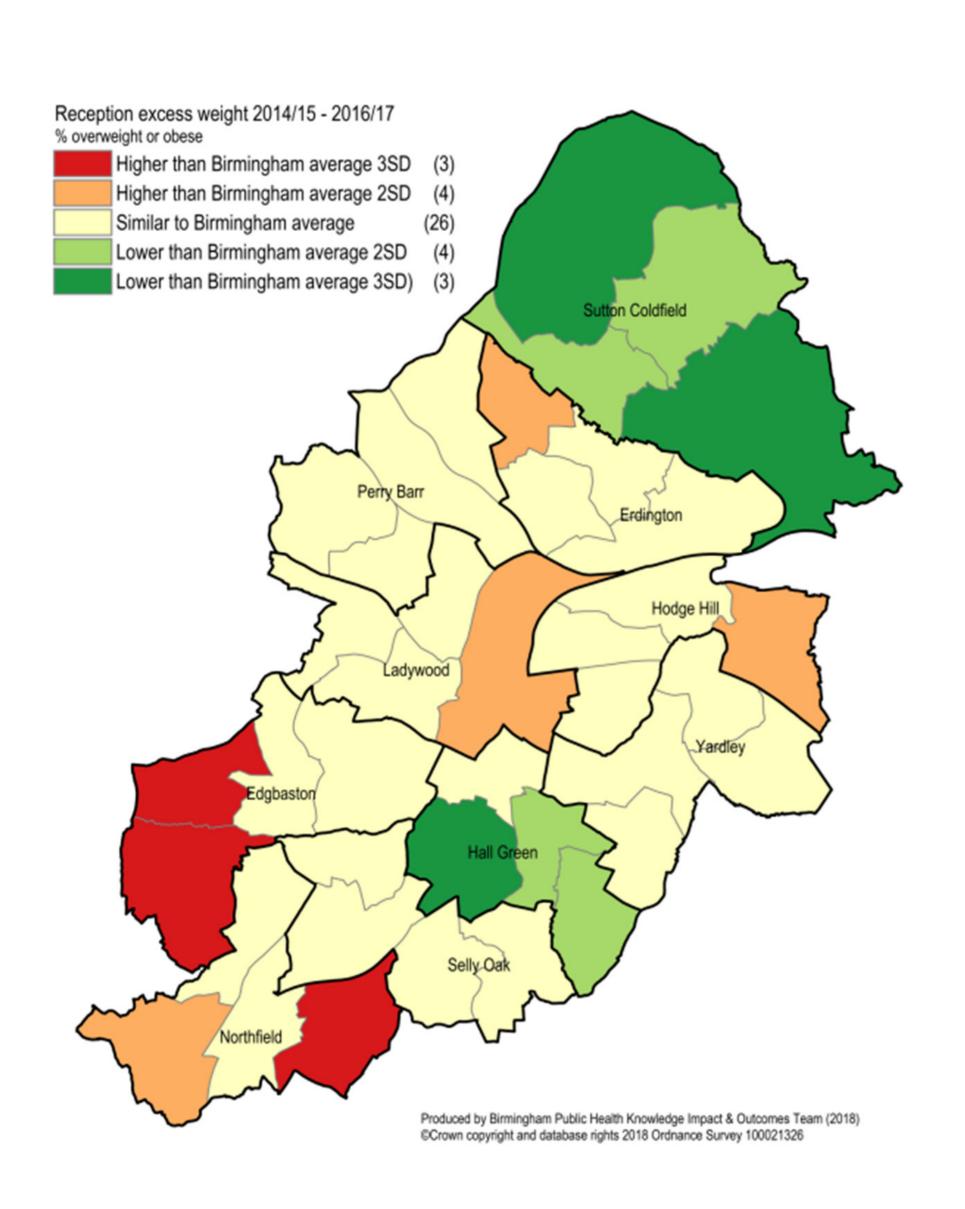
Fulfilling Lives for Under Fives

Birmingham Director of Public Health Report 2018 Chapter —Early Years Health and Care



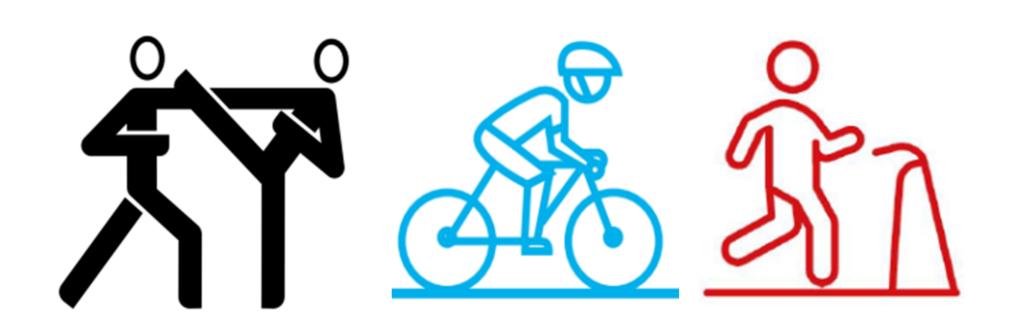
INCREASING CHILD OBESITY IN BIRMINGHAM



27% of 4 years olds are overweight or clinically obese compared to 22% for England.



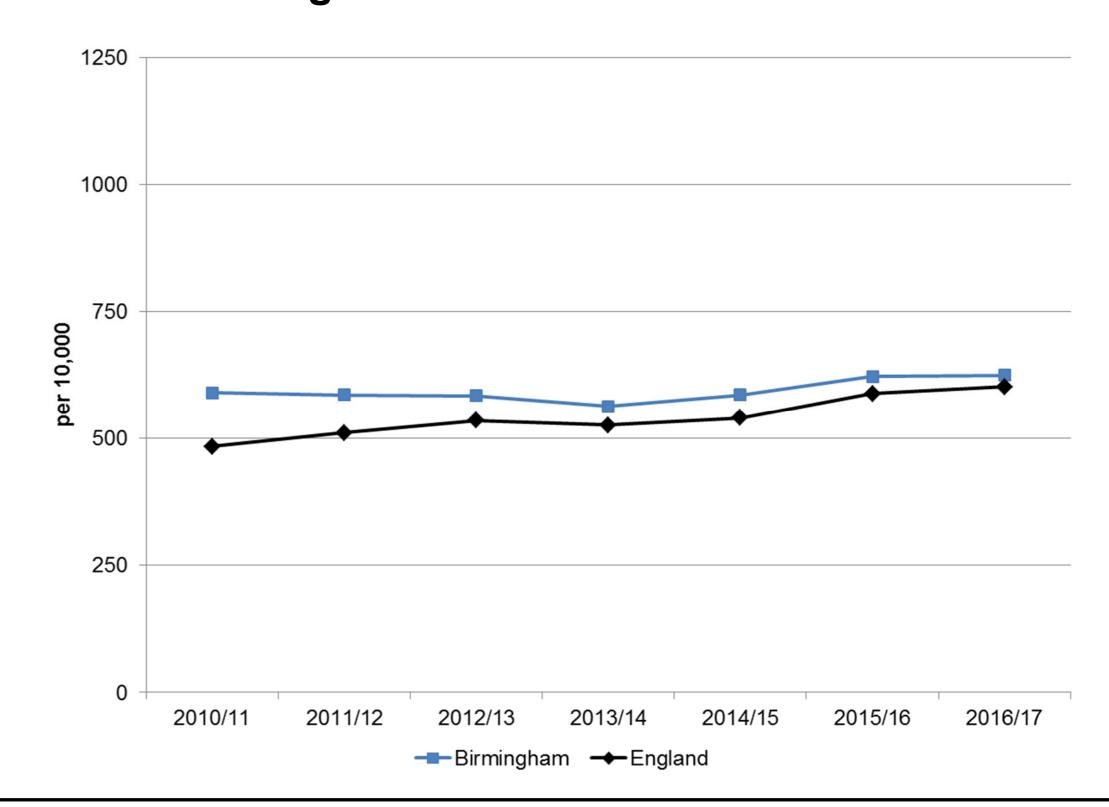
This city wide map shows the level of excess weight (obese or overweight) at reception in the different areas of Birmingham. Further analysis of the small area data shows that 7 wards have much higher rates and this is not due to random variation.



The latest data shows that in Birmingham, Accident and Emergency (A&E) attendances for all reasons within the 0-5 age group were significantly greater than the England average; and have been greater for the last 7 years.

On a positive note, hospital admissions caused by unintentional and deliberate injury in Birmingham's under five year olds have been better that the England average over the past 5 years.

High Under 5 A&E Attendances



Recommendations

Birmingham City Council and partner organisations should develop and offer of enhanced nutritional and physical activity opportunities to optimise weight and fitness for life based on a whole systems approach to obesity.

